


Monday	Tuesday	Wednesday
		<p style="text-align: right;">1</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:30 PM Post Rehab/Injury Prevention - <i>Becky</i> 4:30 PM Deep Dynamics - <i>Lila</i>
<p style="text-align: right;">6</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:15 PM Splash & Dash- <i>Pat</i> 4:30 PM Deep Dynamics - <i>Lila</i>	<p style="text-align: right;">7</p> 5:30-7AM Stroke Work/Conditioning - <i>Gayle</i> 9:00 AM Depp Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 5:15 PM Deep Water Workout - <i>Pat</i>	<p style="text-align: right;">8</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:30 PM Post Rehab/Injury Prevention - <i>Becky</i> 4:30 PM Deep Dynamics - <i>Lila</i>
<p style="text-align: right;">13</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:15 PM Splash & Dash- <i>Pat</i> 4:30 PM Deep Dynamics - <i>Lila</i>	<p style="text-align: right;">14</p> 5:30-7AM Stroke Work/Conditioning - <i>Gayle</i> 9:00 AM Depp Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 5:15 PM Deep Water Workout - <i>Pat</i> <div style="text-align: center;"></div>	<p style="text-align: right;">15</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:30 PM Post Rehab/Injury Prevention - <i>Becky</i> 4:30 PM Deep Dynamics - <i>Lila</i>
<p style="text-align: right;">20</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:15 PM Splash & Dash- <i>Pat</i> 4:30 PM Deep Dynamics - <i>Lila</i>	<p style="text-align: right;">21</p> 5:30-7AM Stroke Work/Conditioning - <i>Gayle</i> 9:00 AM Depp Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 5:15 PM Deep Water Workout - <i>Pat</i>	<p style="text-align: right;">22</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:30 PM Post Rehab/Injury Prevention - <i>Becky</i> 4:30 PM Deep Dynamics - <i>Lila</i>
<p style="text-align: right;">27</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:15 PM Splash & Dash- <i>Pat</i> 4:30 PM Deep Dynamics - <i>Lila</i>	<p style="text-align: right;">28</p> 5:30-7AM Stroke Work/Conditioning - <i>Gayle</i> 9:00 AM Deep Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 5:15 PM Deep Water Workout - <i>Pat</i>	<p style="text-align: right;">29</p> 9:00 AM Deep Dynamics - <i>Dee</i> 10:00 AM HydroFit - <i>Dee</i> 12:30 PM Post Rehab/Injury Prevention - <i>Becky</i> 4:30 PM Deep Dynamics - <i>Lila</i>

Thursday	Friday	Saturday & Sunday
<p>2</p> <p>5:30-7 AM Stroke Work/Conditioning - <i>Gayle</i> 9:00 AM Deep Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 12:15 PM Splash & Dash - <i>Pat</i> 5:15 PM Deep Water Workout - <i>Pat</i></p>	<p>3</p> <p>4:00-6:00 PM Special Olympics</p>	<p>4</p> <p>Saturday</p> <p>8-12:30 PM Swim Lessons 9:30 AM Super Saturday - <i>Pat</i> 9:00AM-7PM Lap Swim/Open Swim</p> <p>5</p> <p>Sunday</p> <p>1:00-4:30PM Swim Lessons OPEN SWIM / LAP SWIM</p>
<p>9</p> <p>5:30-7AM Stroke Work/Conditioning- <i>Gayle</i> 9:00 AM Deep Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 5:15 PM Deep Water Workout - <i>Pat</i></p>	<p>10</p> <p>4:00-6:00 PM Special Olympics</p>	<p>11</p> <p>Saturday</p> <p>8-12:30 PM Swim Lessons 9:30 AM Super Saturday - <i>Pat</i> 9:00AM-7PM Lap Swim/Open Swim</p> <p>12</p> <p>Sunday</p> <p>1:00-4:30PM Swim Lessons OPEN SWIM / LAP SWIM</p>
<p>16</p> <p>5:30-7AM Stroke Work/Conditioning- <i>Gayle</i> 9:00 AM Deep Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 12:15 PM Splash & Dash-<i>Pat</i> 5:15 PM Deep Water Workout - <i>Pat</i></p>	<p>17</p> <p>4:00-6:00 PM Special Olympics</p>	<p>18</p> <p>Saturday</p> <p>8-12:30 PM Swim Lessons 9:30 AM Super Saturday - <i>Pat</i> 9:00AM-7PM Lap Swim/Open Swim</p> <p>19</p> <p>Sunday</p> <p>1:00-4:30PM Swim Lessons OPEN SWIM / LAP SWIM</p>
<p>23</p> <p>5:30-7AM Stroke Work/Conditioning- <i>Gayle</i> 9:00 AM Deep Dynamics - <i>Lila</i> 10:00 AM Aqua Action - <i>Lila</i> 12:15 PM Splash & Dash-<i>Pat</i> 5:15 PM Deep Water Workout - <i>Pat</i></p>	<p>24</p> <p>4:00-6:00 PM Special Olympics</p>	<p>25</p> <p>Saturday</p> <p>8-12:30 PM Swim Lessons 9:30 AM Super Saturday - <i>Pat</i> 9:00AM-7PM Lap Swim/Open Swim</p> <p>26</p> <p>Sunday</p> <p>1:00-4:30PM Swim Lessons OPEN SWIM / LAP SWIM</p>

FEBRUARY