



**American
Red Cross**

GUIDELINES FOR CHOOSING A CLASS

Below are the skill level requirements for every class.

Please note that ages specified are only a guideline.

Our Aquatic staff will be happy to assist
you with any questions or concerns.

Infant/Toddler (6mos - 3yrs)	Parent with child No experience necessary Get child comfortable Parents taught technique Safety emphasized
Pre-School (3yrs - 5yrs)	Is afraid of the water Will not get face wet
Advanced Pre-School (3yrs - 5yrs)	No fear of getting face wet Can float unassisted Will jump from pool deck unassisted
Level I (over 5yrs old)	First time for swim lesson Unable to float Fearful
Level II (over 5yrs old)	No fear of water Prior swim lesson experience Can float on front and back unassisted
Levels III and IV (6 yrs & older)	No fear of deep water Can already swim 15 yards front crawl Can tread water for 1 minute
Levels V and VI (6 yrs & older)	No fear of deep water Can swim 25 yards front crawl Can swim 25 yards on back

**NOTE: Completion of course DOES NOT guarantee
child is ready for the next level.**